

SESSION 4: ABIDING IN JESUS

Here are some practices to “test drive” in the next week to help you keep close to Jesus:

- Read one of the Gospels—Matthew, Mark, Luke, or John—for the clearest description of Jesus’ words and actions about the kingdom of God.
- Read at least one Bible story about Jesus multiple times. Each time use one of your five senses to imagine being part of the story:
 1. One time imagine what you would see.
 2. Another time imagine what you would hear (read dialogue aloud).
 3. Think about the smells you would encounter.
 4. Imagine the tastes of any food or drink in the story.
 5. What would your sense of touch tell you? Sense the breeze, the clothes, the vases and pots, the buildings, and so on.
