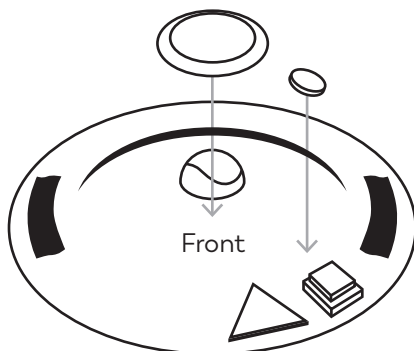
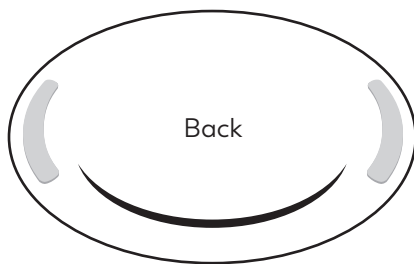
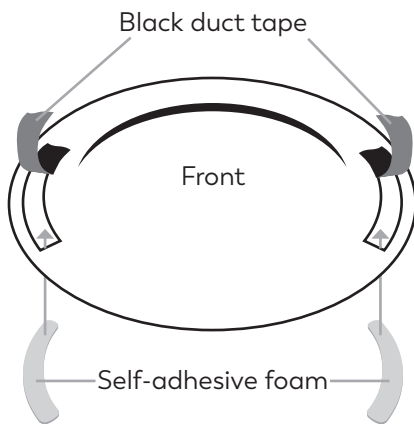




Shield

What you'll need:

- round sled or trash can lid (we used a snow saucer sled)
- sandpaper (150 grit)
- black duct tape
- Wiffle ball
- 2 plastic flying disc rings
- utility knife
- hot glue gun
- self-adhesive foam sheets
- ruler
- pencil
- scissors
- dropcloth
- flat black spray paint (for plastic)
- metallic gold paint
- paintbrush
- paint sponge
- disposable gloves
- disposable plate
- wide elastic (1½-2" x 2')



What you'll do:

Step 1: Sand and dust off the sled.

Step 2: Use pieces of black duct tape to cover the holes by the handles on the front side of the sled.

Step 3: Cut 2 pieces of self-adhesive foam to cover the sled's handle holes. Ours looked like kidneys.

Step 4: Flip the sled over, and attach the foam "kidneys," making a flat surface on the back of the sled.

Step 5: Plan and cut out foam geometric shapes for your shield's decoration. We cut 2" and 1½" squares and 1½" circles and triangles. (See diagram below.) Double- and triple-stack the shapes.

Step 6: Cut the Wiffle ball in half.

Step 7: Hot glue the flying disc rings and ball half in the center of the sled.

Step 8: Stick on the foam shapes. Unleash your creativity!

Step 9: Spray paint the shield black, and let it dry.

Step 10: Put some gold paint on a plate. Use a paint sponge and small paintbrush to dry brush with very little paint.

Step 11: Attach the elastic on the back for the shield's handle.